

Flu Alert



Stop the spread of influenza

There is currently an increase in influenza (flu). To reduce the spread of flu, the following is required, effective immediately.

Do not report to work if you have:

- **Chills**
- **Shivering**
- **Fever**
- **Cough**
- **Respiratory illness**
- **Other early symptoms of flu:**
 - **Aching joints and/or muscles**
 - **Fatigue or weakness**
 - **Sore throat**
 - **Diarrhea and vomiting**

If you become ill at work:

- **Please contact your supervisor.**
- **Limit contact with other employees.**
- **Go home, and seek medical attention as needed for worsening symptoms.**